

Topic: Journey to the Centre of Yourself
Text: Psalm 139:14 (The Message)
Theme: “Disclose your real identity as you journey to the centre of yourself”

Optional Introduction

- Have you ever felt that you needed to impress someone to fit in? But you KNEW that being yourself wasn't going to be enough to keep their attention on you.
- So do you have to say or do things that you wouldn't normally say or do? Or, you have to hide parts of yourself so that people can only see what they want to see in you.
- But what happens if you keep on pretending to be that other person over and over again? Sooner or later, the truth is going to come because hiding yourself is too much work!
- Psalm 139:14 says that you and I are “fearfully and wonderfully made.” In the Creator's eyes, each one of us has unique identities that cannot be matched by His other creations.
- It may take a long journey to find your real you, but this sermon will save you time to discover your real self.

I. EXPLORE WHO YOU ARE

Luke 12:6-8 What's the price of two or three pet canaries? Some loose change, right? But God never overlooks a single one. And he pays even greater attention to you, down to the last detail—even numbering the hairs on your head! So don't be intimidated by all this bully talk. You're worth more than a million canaries. (The Message)

A. You are somebody **IMPORTANT** – someone that has **value**.

- Somebody that has captured God's eye so much that He cares when you sit or stand up. He listens to what you say and cares about your every thought.

B. You are somebody SPECIAL – someone that is one of a kind.

- If you haven't noticed, God loves diversity – He never makes the same thing more than once! Your DNA and fingerprints are never duplicated.

II. EXPOSE WHO YOU ARE

2 Timothy 1:7 For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.

A. When you're scared to show your true self, it's called insecurity.

- In other words, you don't feel safe. Eg: afraid of talking to shop keepers for help! We shouldn't be afraid of being turned away for being ourselves.

B. Sometimes you are also afraid to show your true selves because you feel like you don't matter. (1 Peter 5:6-7 The Message)

- You might have families, friends, and loved ones who have said and done things to you that show how worthless they think you are.

III. EXCEL FOR WHO YOU ARE

Romans 12:6 ... let's just go ahead and be what we were made to be, without enviously or pridefully comparing ourselves with each other, or trying to be something we aren't. (The Message)

A. *You need to let your true selves shine so you can do what God made you for.*

- God has created you so wonderfully for a purpose. Explore what that purpose is and excel for who you are. Live a life as what God has made you for.

B. *You aren't meant to be the same; you haven't all been created to do the same thing.*

- God has given each of us a different purpose to give meaning to our world. There's no point in trying to be someone else.